

SWORDPLAY - THE FIVE BASIC POSITIONS

POSITION 5

Sword held overhead parallel to ground, knuckles facing up (pronation).

POSITION 4

Sword held straight up and down with point toward ceiling and knuckles facing opponent. Sword is across body to the left of your left arm.

POSITION 3

Sword held straight up and down with point toward ceiling and knuckles facing away from opponent. Elbow bent at 90 degrees to the right of your body.

POSITION 2

Sword held straight down with point toward the floor and knuckles facing your opponent. Sword held outside of your right leg.

POSITION 1

Sword held straight down with point toward the floor and knuckles facing toward opponent. Sword held outside of your left leg.

REMEMBER: STAGE COMBAT IS ALL ABOUT ILLUSION. IT MUST LOOK LIFE-THREATENING, BUT NEITHER COMBATANT IS EVER REALLY IN DANGER. IT'S ACTING!!!

DON'T FORGET TO ACT AND REACT!!

PAY CLOSE ATTENTION TO THE TEXT WITHIN WHICH THE COMBAT TAKES PLACE. LET THE LINES DICTATE THE ROUTINE AND TELL THE STORY OF THE FIGHT!